

**PEOPLE LIKE EDNA
NEED
PEOPLE
LIKE YOU**



**COULD YOU GIVE
6-12 MONTHS AS
A FULL-TIME
VOLUNTEER IN
CYRENIAN**

**COMMUNITY
HOUSES
FOR**

HOMELESS MEN & WOMEN?

CYRENIANS

Annual Report 2021/2022

Calendar 2022/2023



Chair's Report



This has been a challenging year for all of us, with continuing repercussions from the Covid-19 pandemic, political uncertainty and the economic instability and hardship caused by the invasion of Ukraine. Our thoughts are with all those affected by this conflict.

Despite these challenges, I am pleased that Cyrenians has once again, delivered a strong performance. Service user and employee engagement remains high and we continue to invest, for long-term growth in our portfolio.

On behalf of the Board, I would like to thank Cyrenians staff for their hard work and commitment and also thank my fellow trustees for their expertise and experience. The focus and agility shown throughout Cyrenians has enabled us to navigate the volatility and end the year a stronger organisation.

A handwritten signature in blue ink, reading 'Stephen Bashorun'.

Stephen Bashorun
Chair

Annual Report 2021/22

Happy 50th to London Cyrenians

In the news 50 years ago when Cyrenians was hatched there were wars and unrest, rampant inflation, strikes, disease, famine and foodbanks..... does this ring any bells with today's world?

This is a foodbank (right) set up by Cyrenians (then West London Cyrenians) in Kensington in 1978.

Cyrenians was forged against a backdrop of unrest and injustice, by a group of people who set out to make the world a better place for those most in need.

Our forefathers wanted to establish housing and support for people who had no place to call home. Volunteers worked alongside street homeless to bring disused local authority buildings back into use. Staff, volunteers and service users shared houses with no “them and us” and a strong focus on what we share rather than our differences. For the first time in their lives people talked about “belonging” and having a “home” rather than dossing on the street, in a shelter or hostel.

We set out to foster belonging and establish homes from which to build hope and recovery. We have pioneered many service



models over the years and have been recognised as part of NHS England's innovation pilots for our integrated clinical services. We established one of the first women only multi-disciplinary team services and have fed into national service delivery and development.

Despite the troubled times we are excited and optimistic that we can continue to listen and learn and provide services for those most in need. We are currently exploring ways in which research can better support our development and looking at funding opportunities that are not solely reliant on statutory grant e.g., Radical Rent.

A rough guesstimate tells me over 25,000 people have walked through our doors often unwell, unhappy and afraid seeking shelter, support and kindness. Later when they leave us for a new life, we trust it's with a heart full of hope and a smile.

I wish Cyrenians a very happy 50th anniversary knowing that we will use the lessons of the past, the values built into our corporate DNA and the desire to be good at what we do for the betterment of those it's our privilege to serve.

Chief Executive Report 2021/22



I am pleased to be introducing our annual report and calendar where we have asked people to share a favourite photo and memory.

Optimism may be in short supply but despite these challenging times Cyrenians has much to be proud of and to celebrate. As a prudent and responsible charity we continue to develop safely and within our means and are therefore able to face the obstacles above with 50 years' experience, financial stability and an innovative fundraising programme Radical Rent to maintain investment in quality and staffing.

Our phase 1 Radical Rent at Halford House was completed in Winter 2021 and was a triumph to planning, detail and forward thinking. The flats are designed with an original eye and modern twist for this Victorian house. The apartments were snapped up within a week by locals keen to see their rent go towards supporting people with mental health needs rather than into the pockets of developers.

We have received planning permission for phase 2 of our Radical Rent programme and will be working in earnest to create 4 beautiful self-contained flats in Islington from the tired and rundown property we inherited.

Given the staffing crisis in London we have chosen not to tender for new services as we are mindful of the problems caused by the sector-wide inability to recruit suitably skilled and able staff. This is a huge frustration for Cyrenians as we are proud of our cutting edge and successful model of service delivery and keen to expand this when safe to do so.

We are working closely in Hammersmith and Fulham to bring the large day service in SW6 back to its former glory so that it can be of value to local people from BAME Groups. The upgrade works are ongoing and we are optimistic that it can be brought into safe community use soon.

Chief Executive Report 2021/22

This year we have continued to upgrade our existing properties to ensure that service users have modern, clean and pleasant environments in which to begin their recovery journeys. This includes being mindful of our Environment and Sustainability plans and replacing old inefficient systems with newer greener ones where possible.

As the sector continues to face unprecedented shortages, we have looked at creative and responsible ways to recruit and retain staff. We have a well-received discretionary recognition award, comprehensive training programme and have just completed a review of terms and conditions. We are working with several universities to support young talent coming through and to promote adult social care as a vibrant and rewarding career.

We have been reviewing our service models and looking at ways we can introduce more clinical support from psychologists and nurses. We have begun our health outcomes review with service users and look forward to completing this and implementing findings before the end of the financial year.

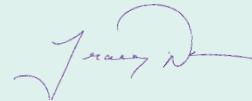
We are thrilled to introduce 2 young trainee trustees to our fold this year. They have helped us to promote work streams that include:

- Recruiting younger people
- Age-appropriate activities programmes
- Service user feedback sessions
- Establishing a young person's panel

We are mindful from feedback from our young trainee trustees and service users that our corporate image can look a bit staid and dated. We have therefore begun the process of reviewing our identity with the view to beginning the re-branding process.

I am also proud to be at the helm of this incredible organisation with its wonderful history, staff and service users in this our half century.

Happy 50th Cyrenians!



Tracey Dann
CEO – London Cyrenians Housing

Finance Report 2022

It seems impossible but another year has passed, and I have again seen the innovation and commitment from the Leadership Team which has enabled Cyrenians to run smoothly in these difficult times. Thanks to our Radical Rent Programme we have been able to help the staff and service users with the necessary resources to continue to move forward.

Hopefully now that we are over the recent pandemic getting back to normal will be a little easier for the various teams. The improved IT and telephone systems introduced last year have helped communication to run smoothly.

Aside from these improvements LCH has continued its work in the areas in primary and mental health support as service users begin their return to the community. LCH and its dedicated staff are still working with local authorities and hospitals to help and advise the service users on their road to recovery.

The development of LCH continues with the approach to investing in properties this, providing funds, which in turn can be used to improve people's lives.

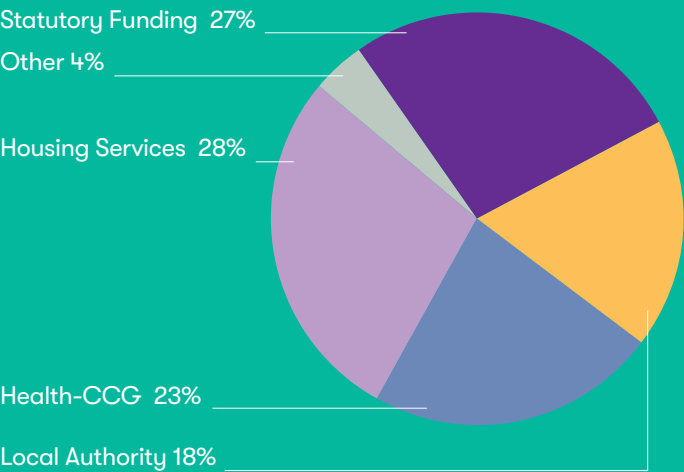
As a member of the Board of Trustees I would like to thank Tracey our CEO and all her team for their tireless help in providing expertise and guidance when required to inform our work in steering the Charity forward. In terms of the LCH finances it is by being mindful of the public purse that we can continue delivering value for money and in turn give quality services to the service users. The Board would also like to thank all the staff for providing the motivation and compassion needed to support service users to find purpose, recovery and joy.



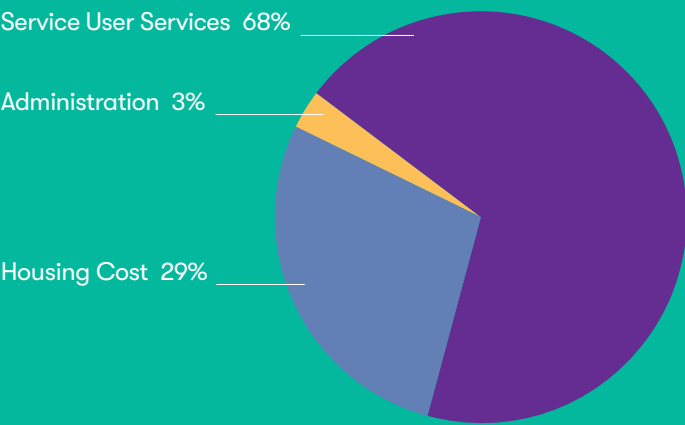
Michael Driver
Trustee and Chair (of Finance Sub Committee)
September 2022

Finance Report 2021-2022

Income 2021-22



Resource Allocation 2021-22



Copies of the full set of Audited Financial Statements are available from our registered office.

Acknowledgements

The work of LCH could not have continued without the ongoing support from our health, housing and social care partners, charitable trusts and individuals. We thank them all. Support and help has ranged from volunteering to music, art, drama and pottery – all of which helps to brighten peoples' days.

Why Give to LCH: At LCH we have chosen to concentrate our time and energies on doing the work and delivering the outcomes rather than distributing expensively tailored rhetoric. We want our reputation to speak for itself not through glossy brochures and marketing. So why not take the LCH challenge? For those who are interested in our work come along and have a look at what we do... we believe you can tell more about an organisation in a 30 minute visit to its projects than a lifetime of leaflets.

Support and help: Can be in a number of ways:

If you can give time... LCH offers opportunities to give something back to society through volunteering. All volunteers receive training and ongoing support to develop their skills. Volunteers of all ages and previous experience are needed to:

- Become involved on the Board of Trustees.
- Provide creative music and arts sessions.
- Become involved as a befriender to a project helping with outings and activities.
- Raise funds by taking part/organising local fundraising and community events.

If you can give money... The number of people needing help has never been greater. It is thanks to the generosity of supporters and partners that LCH has been able to extend its services. If you are able to make a

financial contribution, there are several ways you can donate. Most donations are now eligible for tax relief which means your gift has increased value to LCH at no extra cost to you.

Regular individual giving... A small donation given regularly can provide LCH and its service users with greater financial stability and the confidence to make longer term plans.

Legacies... Please do consider us if you are thinking of writing or changing your will. Your money will help us to make a real difference to peoples' lives.

Company support... LCH welcomes contributions that businesses can make through corporate sponsorship, staff secondments, gifts in kind and by facilitating payroll giving. Businesses can claim tax relief for themselves on charitable giving.

If you would like more information about our work, please do not hesitate to contact us at
Carlyle House, 235 - 237 Vauxhall Bridge Road, SW1V 1EJ
Telephone 020 7938 2004
website: www.cyrenians.org

Charity Registration Number 269158
Registered Social Landlord Number LH4377

Designed and produced by TH51 Design

Yes, I would like to give

LCH
Carlyle House, 235 – 237 Vauxhall Bridge Road, SW1V 1EJ

My details

Name (Mr/Miss/Mrs/Ms)
Address
Telephone
Email

Giving a gift

<input type="checkbox"/>	I would like to make a donation of: £
	(my preferred amount)

I enclose a cheque made payable to London Cyrenians Housing.

Gift aid: If you are a basic rate taxpayer, you could increase the value of your gift by 25% at no extra cost to you. Higher rate taxpayers can additionally claim tax relief for themselves of 20% (+0%–20%).

<input type="checkbox"/>	Yes! I am a UK taxpayer. Please reclaim the tax back on this donation and all future donations I make hereafter. The amount of standard rate Income/Capital Gains Tax I pay is at least equal to the tax London Cyrenians Housing Ltd. will claim on my donations.
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Regular giving

<input type="checkbox"/>	Please send me further information about regular giving.
--------------------------	--

Giving my support

Yes, I would like to find out more about:

<input type="checkbox"/>	Volunteering opportunities
<input type="checkbox"/>	Leaving a legacy to LCH
<input type="checkbox"/>	Payroll giving
<input type="checkbox"/>	Corporate support

Signature
Date

August 2022 Charity Registration Number 269158

Calendar 2022-2023

Bank Holidays and Observance Days

2022

Bank Holidays

Mon, 26 Dec Boxing Day
Tue, 27 Dec Christmas (substitute) Day

Observance Days

Mon, 31 Oct Halloween
Sat, 5 Nov Guy Fawkes Day
Sun, 13 Nov Remembrance Sunday
Sun, 27 Nov First Sunday of Advent
Sat, 24 Dec Christmas Eve
Sat, 31 Dec New Year's Eve

2023

Bank Holidays

Mon, 2 Jan New Year's (substitute) Day
Fri, 7 Apr Good Friday
Mon, 10 Apr Easter Monday
Mon, 1 May Early May Bank Holiday
Mon, 29 May Spring Bank Holiday
Mon, 28 Aug Summer Bank Holiday
Mon, 25 Dec Christmas Day
Tue, 26 Dec Boxing Day

2023

Observance Days

Thu, 5 Jan Twelfth Night
Sun, 22 Jan Chinese New Year
Tue, 14 Feb Valentine's Day
Sun, 19 Mar Mothering Sunday
Sun, 9 Apr Easter Sunday
Mon, 10 Apr Easter Monday
Sat, 22 Apr Stephen Lawrence Day
Sun, 23 Apr Shakespeare Day
Sun, 23 Apr St. George's Day
Sat, 10 Jun Queen's Birthday
Sun, 18 Jun Father's Day
Thu, 22 Jun Windrush Day
Tue, 31 Oct Halloween
Sun, 5 Nov Guy Fawkes Day
Sun, 12 Nov Remembrance Sunday
Sun, 3 Dec First Sunday of Advent
Sun, 24 Dec Christmas Eve
Sun, 31 Dec New Year's Eve

October 2022

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	Oct 4 Child Heath Day Oct 7-14 Navaratri (Hindu) Oct 10 World Mental Health Day Oct 15 Dussehra (Hindu)				Oct 16 World Food Day Oct 17 Birth of Báb (Bahá'í) Oct 20 World Osteoporosis Day	



I've chosen this picture as I felt it represented the organisation I worked in with roots, growth and development at its heart together with solid teamwork carried out in a spirit of positivity.

Enid – previous Joint Director




November 2022

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Nov 1 All Saints Day (Christian)
 Nov 6-7 Birth of Báb (Bahá'í)
 Nov 12 World Pneumonia Day
 Nov 14 World Diabetes Day

Nov 17 World Prematurity Day
 Nov 28 Advent (Christian)
 Nov 28 Chanukah (begins) (Jewish)



Smiling in photos is a rare occurrence for
me, however working for LCH for 28 years
is definitely worth smiling about.

Eve – Service Manager

CYRENIANS

50th
Anniversary

December 2022

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	Christmas Day
Boxing Day	Christmas Day Substitute Day					

Dec 1 World AIDS Day
Dec 3 International Disability Day

Dec 6 Chanukah (ends) (Jewish)
Dec 12 Our Lady of Guadalupe (Feast Day) (Christian)



We had no i-deer the
central staff would all have
such a memorable
Christmas lunch.

CYRENIANS
50th
Anniversary

January 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2 New Year's Day Substitute Day	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Jan 3 Jan 6 Jan 15			Jan 17 Jan 25 Jan 29	International Mentoring Day Burns Night World Leprosy Day



We were busy putting our kites together and waiting for this first windy day to try them out – We had a great day at Ravenscourt Park flying our kites and having our lunch in the park.

SN and AS Service Users

February 2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Feb 4 World Cancer Day
 Feb 6 Tu b'shevat (Jewish)
 Feb 15 Nirvana Day (Buddhist)
 Feb 18 Isra and Mi'raj (Muslim)

Feb 18 Maha Shivaratri (Hindu)
 Feb 28 Rare Disease Day



I chose this photo of Laura's leaving BBQ because it was nice to be able to show our appreciation for all her hard work and present her with a cake we had made.

KH – ex Service User

March 2023

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Mar 3 World Hearing Day
 Mar 7 Purim (Jewish)
 Mar 8 Holi (Hindu)
 Mar 8 International Women's Day

Mar 21 World Social Work Day
 Mar 22 Navaratri (Hindu)
 Mar 22 Ramadan Start (Tentative Date) (Muslim)
 Mar 24 World Tuberculosis Day



Cheryl and Badriya in
Brighton from 2013/14 with
our wonderful Nigel.
Clare –Project Manager

April 2023

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7 Good Friday	8	9
10 Easter Monday	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Apr 2 Palm Sunday (Christian)
 Apr 2 World Autism Awareness Day
 Apr 6 Passover Starts(Jewish)
 Apr 7 World Health Day
 Apr 14 Vaisakhi (Sikh)

Apr 16 Theravadin New Year (Buddhist)
 Apr 21 Eid ul Fitr (Muslim)
 Apr 25 Earth day
 Apr 25 World Malaria Day



One of the first 24 hour women only clinical wrap around service in the UK. Dame Rosie Winterton was thrilled to launch this.

Stephen Bashorun – Chair

May 2023

MON	TUE	WED	THU	FRI	SAT	SUN
1 Early May Bank Holiday	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29 Spring Bank Holiday	30	31				

May 2 World Asthma Day
 May 5 Wesak (Buddhist)
 May 12 International Nurses Day
 May 18 Ascension Day (Christian)

May 26 Shavuot (Jewish)
 May 28 Pentecost (Christian)
 May 28 World Hunger Day
 May 31 World No Tobacco Day



Trips away – where you saw a different side of people being relaxed, by the sea and on holiday.
Polly – Service User Coordinator

June 2023

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Jun 1 International Childrens Day
 Jun 5 World Environment Day
 Jun 14 World Blood Donor Day
 Jun 15 UK Clean Air Day

Jun 20 World Refugee Day
 Jun 24 UK Armed forces day
 Jun 29 Eid Al-Adha (Tentative Date) (Muslim)
 Jun 30 Social Media Day



CYRENIANS
50th
Anniversary

Cyrenians young people giving
a bit of badass attitude.
**Cheryl - FAS Team Support
Worker**

July 2023

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	Jul 17 World Day for International Justice Jul 18 Nelson Mandela Day Jul 19 Muharram (Tentative Date) (Muslim) Jul 26 Dhamma Day (Buddhism)				Jul 27 Tisha B'Av (Jewish) Jul 28 Ashura (Tentative Date) (Muslim) Jul 30 Al-Hijra (Muslim)	



I love this picture of a Cyrenians foodbank in 1978 – history repeating itself.

Agneta – Cyrenians longest serving member of staff

August 2023

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28 August Bank Holiday	29	30	31			

Aug 3 UK Cycle to Work Day
 Aug 12 International Youth Day
 Aug 14 UK Falklands Day
 Aug 15 Assumption Day (Christian)

Aug 19 World Humanitarian Day
 Aug 26 Women's Equality Day
 Aug 31 Ganesh Chaturthi (Hindu)



CYRENIANS

50th
Anniversary

This is the Home Run Way back in the early days
Glenda Jackson CBE and others cycling to Brighton to
raise money and awareness for London Cyrenians.

TS – fellow cyclist

September 2023

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sep 5 International Day of Charity

Sep 6 Janmashtami (Hindu)

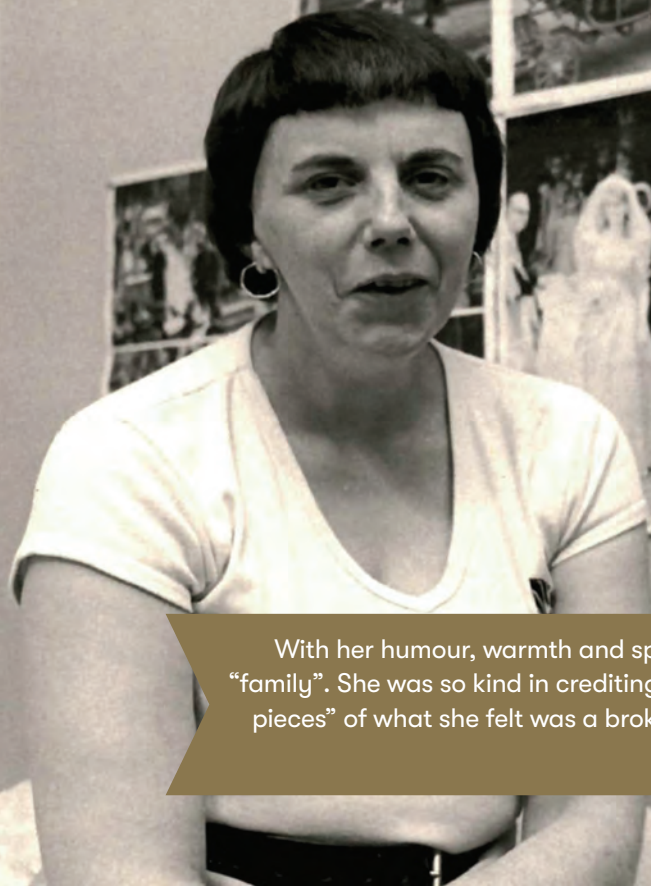
Sep 16 Rosh Hashanah (Jewish)

Sep 25 Yom Kippur (Jewish)

Sep 27 UK National Fitness Day

Sep 27 Milad un Nabi (Mawlid) (Tentative Date) (Muslim)

Sep 30 First Day of Sukkot (Jewish)



With her humour, warmth and spirit Ruth was very much part of the Cyrenians “family”. She was so kind in crediting Cyrenians with helping her to “stick back the pieces” of what she felt was a broken life but really we only provided a little glue.

Debbie – previous Service Manager



Ruth as a little girl

CYRENIANS
50th
Anniversary

October 2023

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Oct 6 Hoshana Rabbah (Jewish) Oct 7 Shemini Atzeret (Jewish) Oct 8 Simchat Torah (Jewish) Oct 10 World Mental Health Day			Oct 16 World Food Day Oct 24 United Nations Day Oct 25 World Pasta Day	



It's all our treasured memories that make us smile - here this wonderful day with circus and ice cream also showed courage and independence.

Eamon and Fola – Area Manager and Service User

